

# Deconstructing Mastery: The Journey after Graduation



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Learn Something @EarnKnowledge - Mar 8  
We are here...

YOU ARE SOMEWHERE  
ON HERE

# So I have a postgraduate degree...

So what happens now??

Did you plan for this moment?

Do you feel like you know what is in store with your career?

Was the financial investment worth it?

Was the emotional investment worth it?

**Should you have asked these questions before you started?**

Time cannot be wound back ...





# **Self-actualization**

desire to become the most that one can be

## **Esteem**

respect, self-esteem, status, recognition, strength, freedom

## **Love and belonging**

friendship, intimacy, family, sense of connection

## **Safety needs**

personal security, employment, resources, health, property

## **Physiological needs**

air, water, food, shelter, sleep, clothing, reproduction



AUSTRALIAN MEDICATION  
SAFETY SERVICES



## SAFETY SERVICES

# What is Ph.d indeed:

Patiently hoping for a Degree



Paid half that I Deserve

Please hire, Desperate



Pipetting hand Disease

Probably heavily in Debt



Parents have Doubts

Permanent head Damage





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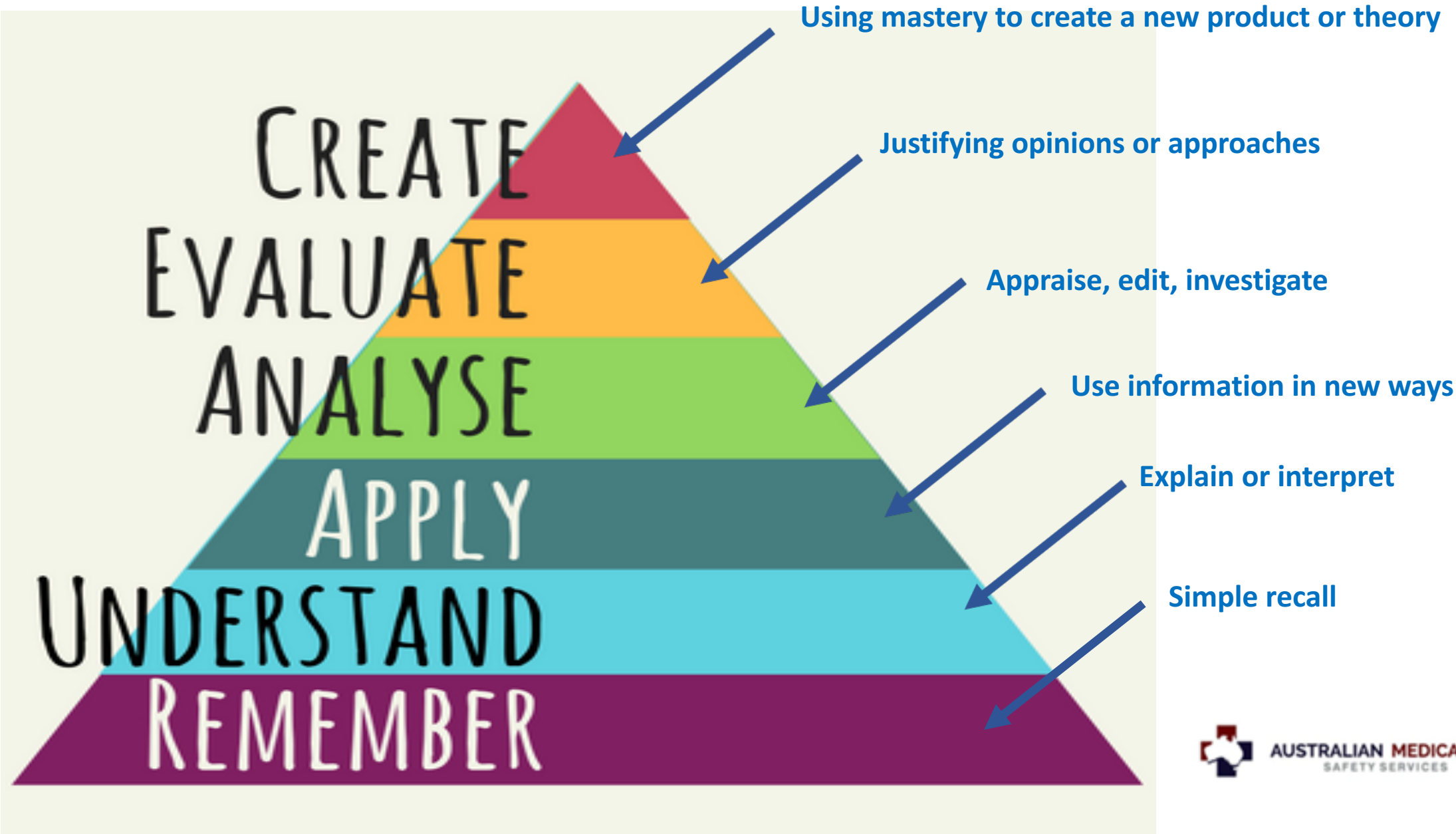
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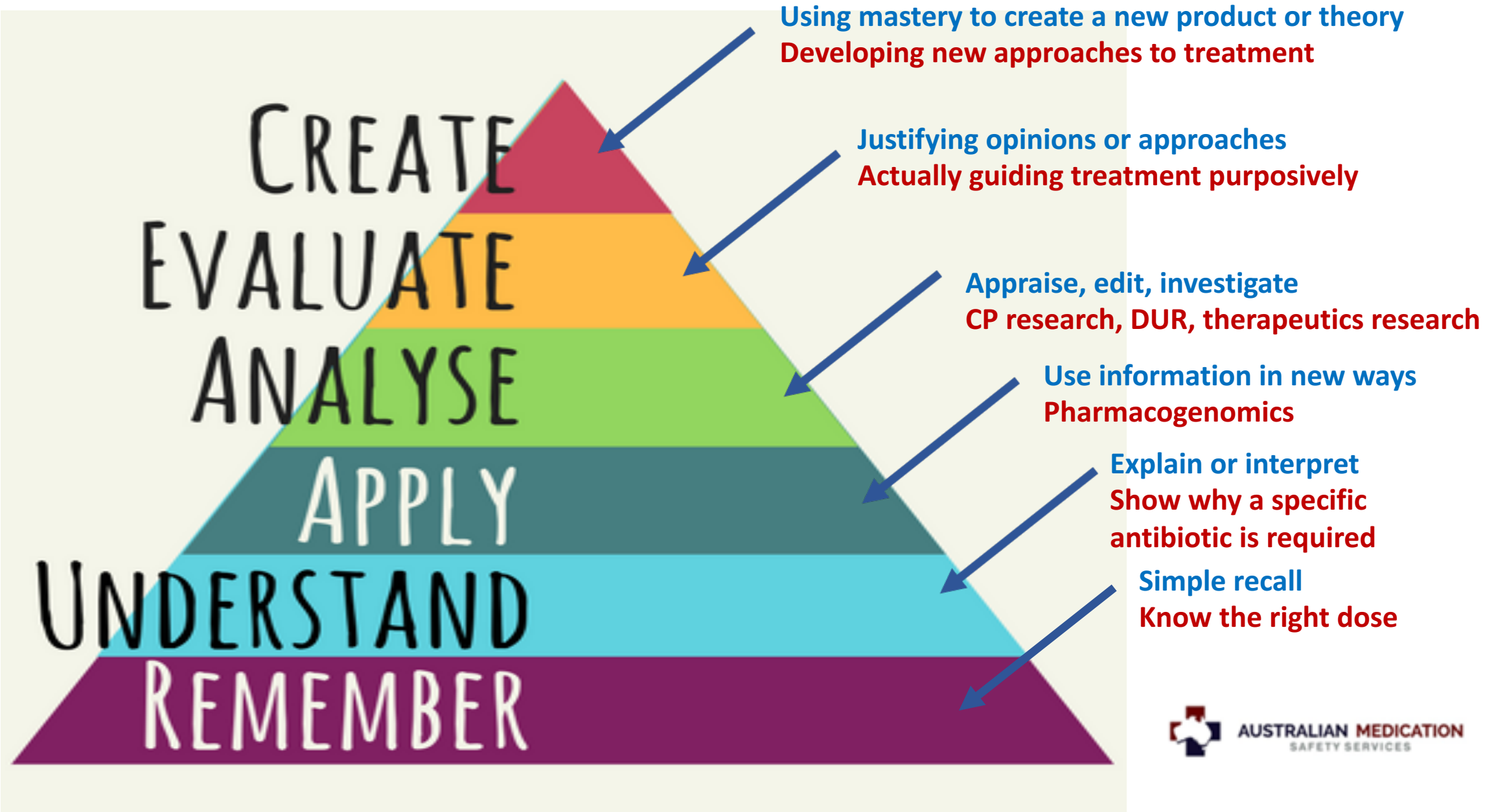


# The components of professional mastery?

- Not every experienced practitioner has attained professional mastery
- Not everyone with one (or more) PG degrees has professional mastery
- Not all departmental leaders have professional mastery
- Not everyone who perceives that they have achieved mastery has done so
- Not everyone is capable of professional mastery?















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# Thanasi Kokkinakis

From Wikipedia, the free encyclopedia

**Athanasios "Thanasi" Kokkinakis** (/θəˈnɑːsi ˌkɒkɪˈnɑːkɪs/<sup>[5]</sup> born 10 April 1996) is an Australian professional tennis player. In the second round of the 2018 Miami Open, Kokkinakis defeated Roger Federer.

## Contents [hide]

- Personal life
- Junior career
- Professional career
  - 2011–2013: Professional tour debut
  - 2014: Breakthrough to top 200
  - 2015: Breakthrough to top 100
  - 2016: Injury-plagued year
  - 2017: First ATP final event
  - 2018: Victory over Federer
  - 2019: Injuries
- ATP career finals
  - Singles: 1 (1 runner-up)
  - Doubles: 2 (1 title, 1 runner-up)
- ATP Challengers and ITF Futures finals

Thanasi Kokkinakis



Kokkinakis playing at the 2018 Wimbledon Championships

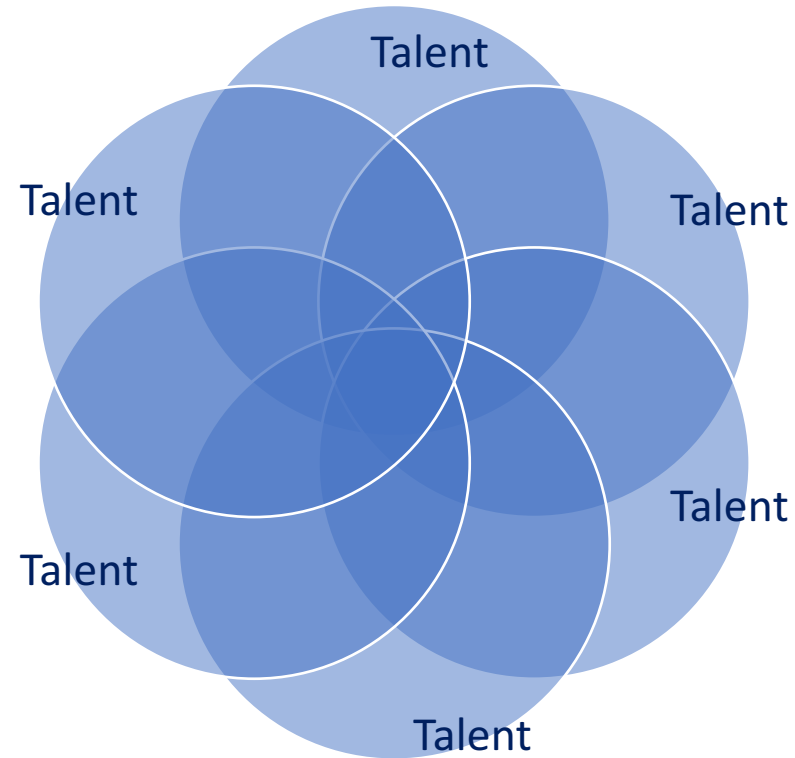




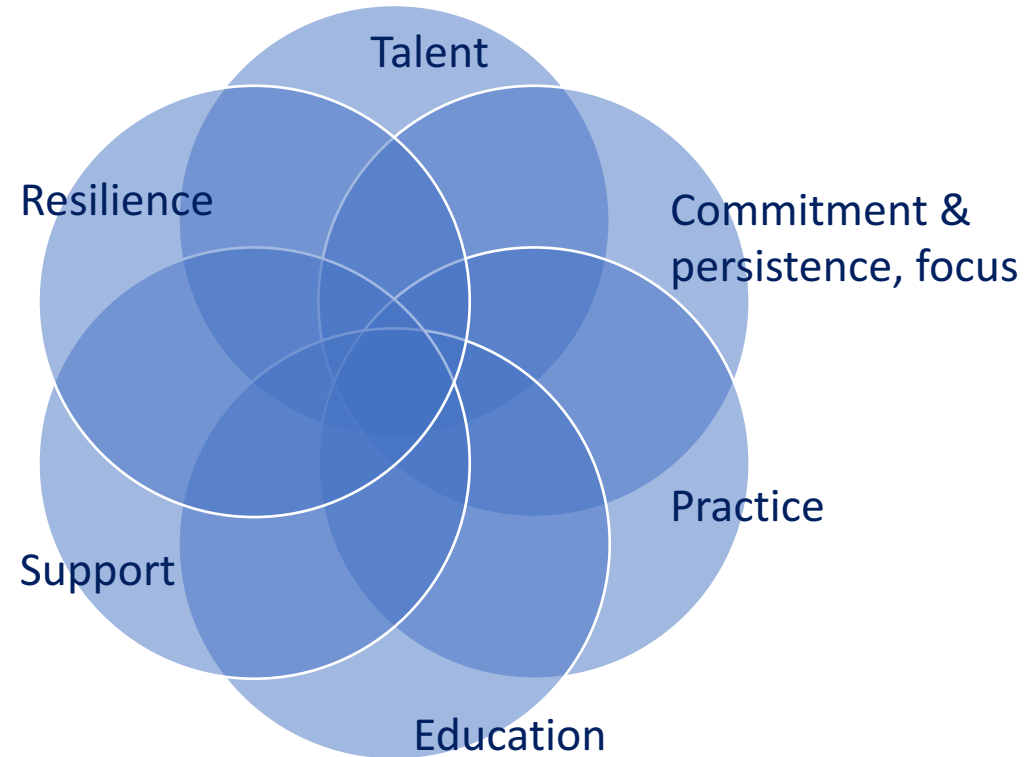
Nothing in the world can take the place of Persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent. The slogan 'Press On' has solved and always will solve the problems of the human race.

(Calvin Coolidge)

# What some people see as the key to mastery...

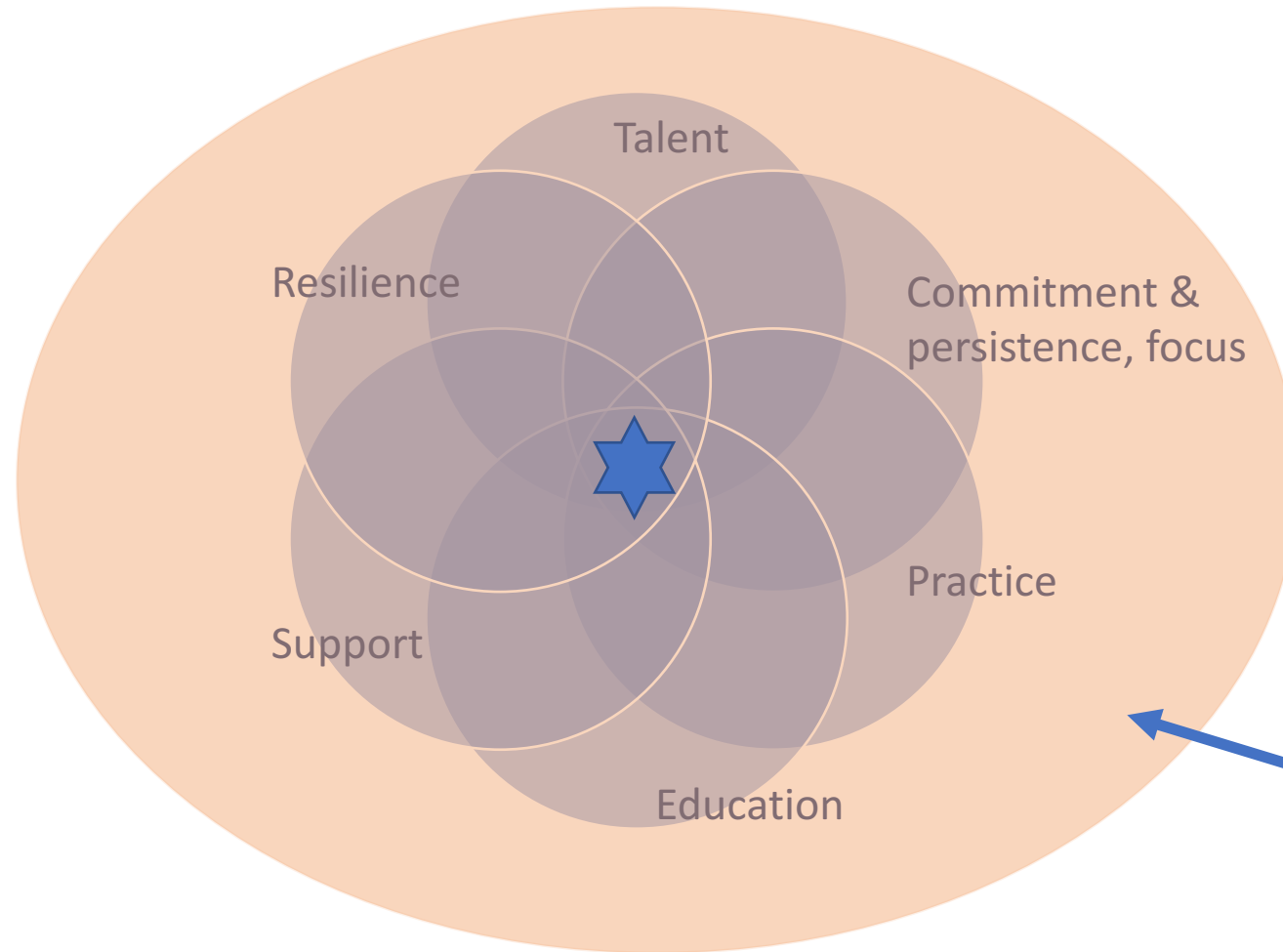


# What is closer to mastery...





# What is closest to mastery...

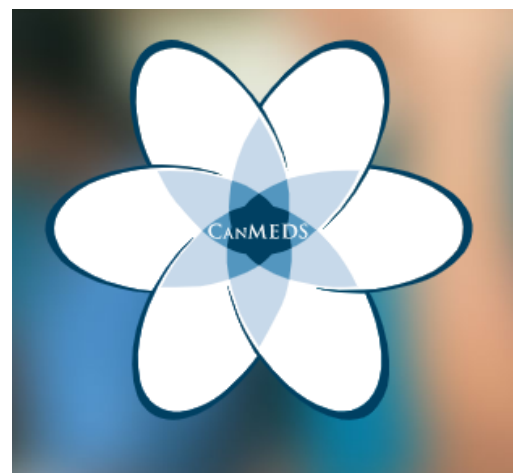
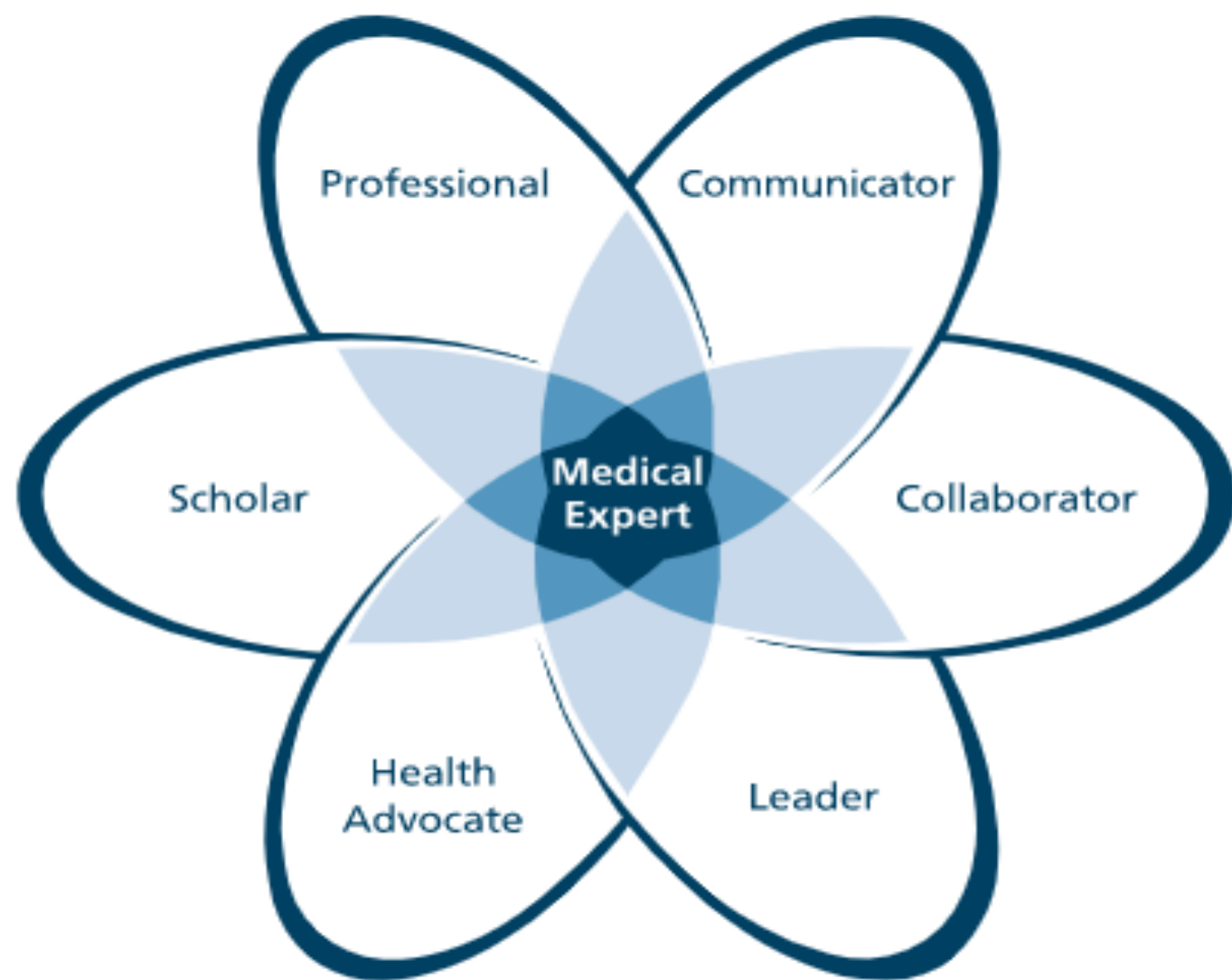


Good health,  
luck,  
opportunity







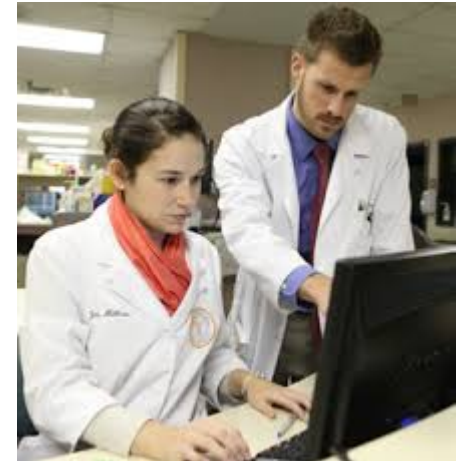


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# Aspect of integrated & technical mastery

- Application of core clinical and biomedical sciences
- Clinical decision-making and reasoning
- Compassion
- Dealing with ambiguity in clinical decision-making
- Understanding of consent, continuity of care, duty of care
- Interpreting diagnostic tests
- Applying technical expertise
- Commitment to patient safety
- Prioritization of professional responsibilities
- Procedural skill proficiency
- Self-awareness of limits of expertise
- Working within the health care team



# The communicator role in mastery

- Accurate communication
- Active listening
- Appropriate documentation
- Disclosure of harmful patient safety incidents
- Effective oral and written skills across different media
- Empathy
- Ethical practice
- Expert verbal and non-verbal communication
- Privacy and confidentiality
- Rapport
- Respect for diversity
- Therapeutic relationships with patients and their families



# The collaborator role

- Collaboration with other providers
- Conflict resolution, management, and prevention
- Constructive negotiation
- Effective consultation and referral
- Interprofessional collaboration
- Recognizing one's own roles and limits
- Respect for other members of the health care team
- Situational awareness
- Understanding team dynamics



# Being a leader

- Administration
- Career development
- Justice, efficiency, and effectiveness in allocation of health care resources
- Effective committee participation
- IT
- Leading change
- Management of personnel
- Negotiation
- Priority-setting: 2.1, 3.2, 4.1
- Quality improvement
- Time management





# Health advocacy in mastery level practice

- Promotion of health equity
- Health promotion
- Health system literacy
- Principles of health policy
- Understanding competing health interests of the individuals, communities, or populations served
- Responsible use of position and influence
- Social accountability

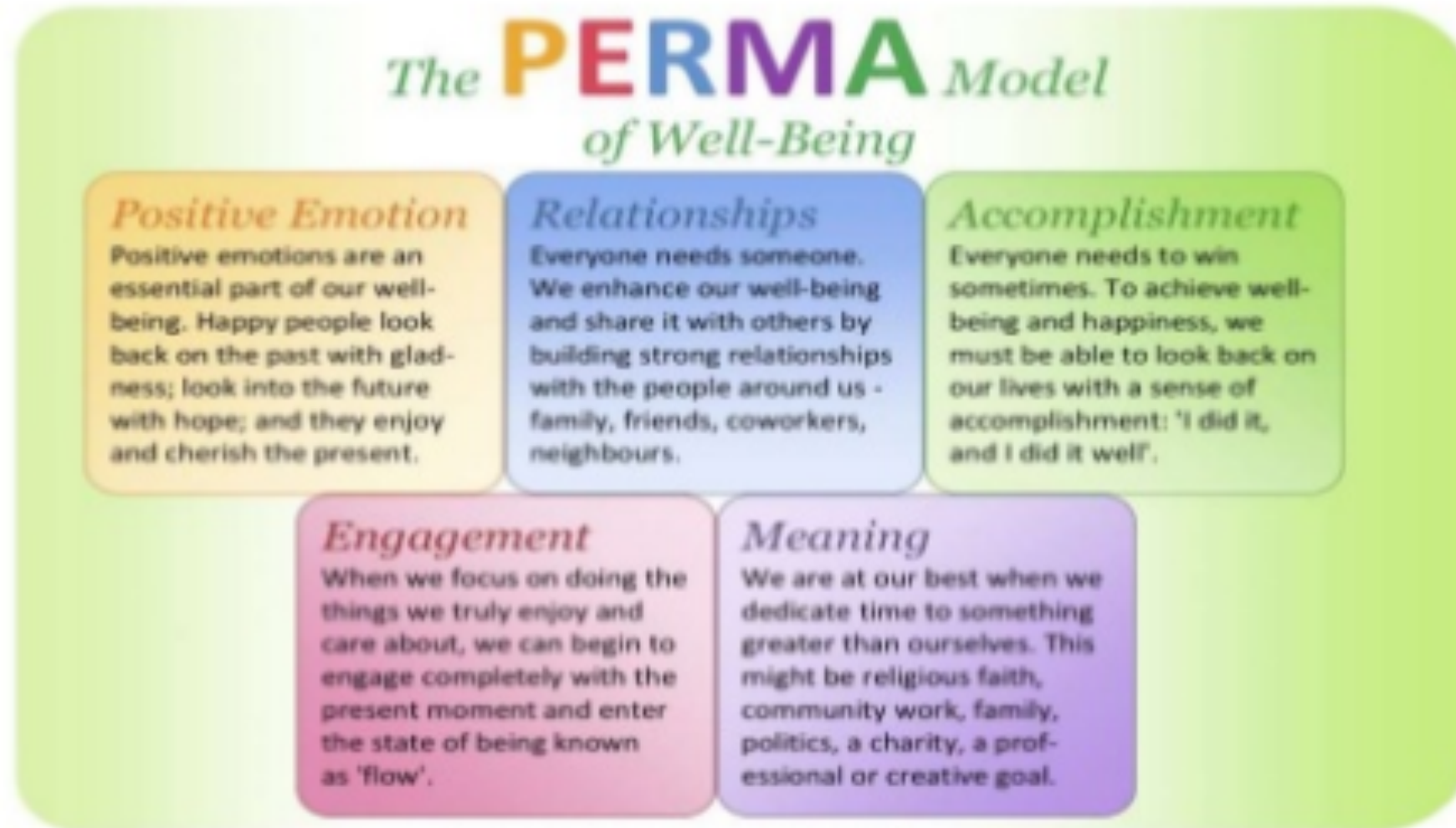


# Mastery and scholarship in health

- Lifelong learning
- Performance assessment
- Reflection on practice and seeking feedback
- Teaching
- Mentoring
- Assessment
- Role-modelling
- EBM
- Research design and implementation
- Scholarly writing and speaking



# Final thoughts about mastery in health



From Martin Seligman's *Flourish*, 2011